

Chapter 1: Weights & Measures



FoodMASTER

Food, Math, and Science Teaching Enhancement Resource
Supported by NIH Science Education Partnership Award (SEPA)





Food Explorations

Lab I:

Mastering Measurements

Student Lab Investigations



Spooned Flour

Student Lab Investigations



Sifted Flour

Student Lab Investigations



Dipped Flour

Student Lab Investigations



Demonstration of how to level using a knife.



Food Explorations

Lab II:

Label Logic

Student Lab Investigations



Weighing Sugar

Student Lab Investigations



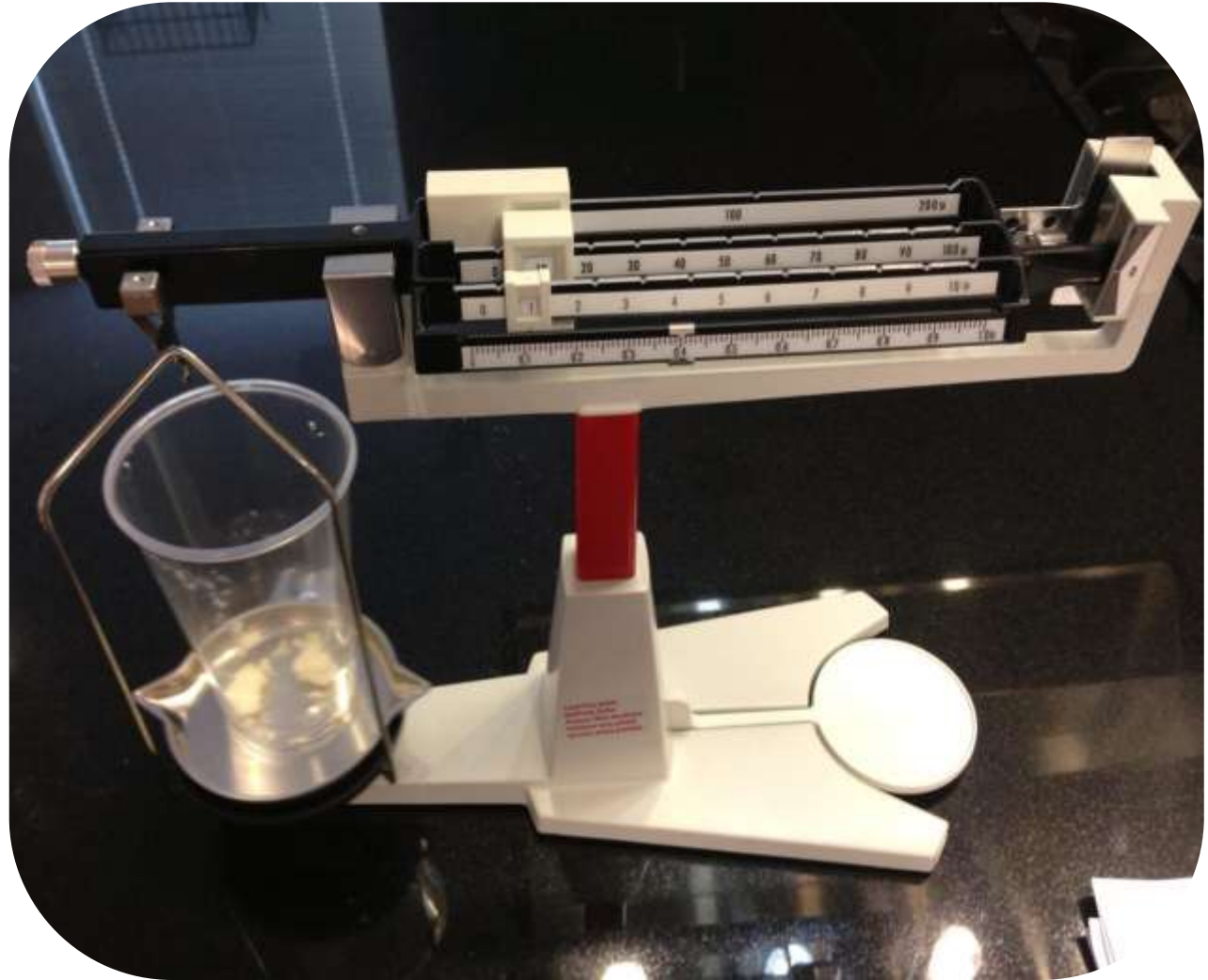
Weighing Sodium

Student Lab Investigations



Weighing Unsaturated Fat

Student Lab Investigations



Weighing Saturated Fat